

we all  
**matter**  
eh?

## Become more **Dementia Friendly**

**Dementia Friendly Guernsey is dedicated to improving the quality of life for people affected by the condition and their carers and is a partnership of charities, professionals and organisations working together to make a difference.**

1. Check out the Website - [www.dementiafriendly.org.gg](http://www.dementiafriendly.org.gg)
2. Book and attend a Dementia Awareness Session - [www.dementiafriendly.org.gg](http://www.dementiafriendly.org.gg) or call 263132
3. Become a Dementia Friend - [www.dementiafriends.org.uk](http://www.dementiafriends.org.uk)
4. Tell your friends, relations and work colleagues
5. Put what you have learnt into practise
6. Encourage your work to be Dementia Friendly
7. Wear the badge with pride
8. Become a volunteer and help someone living with Dementia live well
9. Follow us on Twitter - @DementiaGSY
10. Like us on Facebook - /DementiaFriendlyGuernsey

The information in this leaflet was provided by Dementia Friendly Guernsey



This leaflet has been supported by



# Think differently about disability

## #MakeAChange

### Who are we?

The Guernsey Disability Alliance LBG (GDA) is a member organisation with over 40 member groups locally, individuals and carers. We work to encourage the Guernsey Community to Think Differently about Disability

We All Matter Eh? is the voice of disabled islanders and carers and runs campaigns to raise awareness in the community and encourage greater inclusion. By doing this we hope to remove many of the barriers that exist for disabled islanders taking a full and active role in the Guernsey: in education, employment, arts, sport, social life etc.

GDA is a Guernsey Registered Charity, number CH041 and AGC member No. 306. We All Matter Eh? is a brand of the GDA.

### Disability in Guernsey

Disability is a very diverse including physical conditions, mental health, visual & hearing impairments, learning difficulties and many more. In Guernsey there are 13,000 disabled islanders, 4,000 with complex needs and 4,000 carers.

### Why this campaign?

The UN has an observance day in early December entitled the International Day of Persons with Disabilities (IDPwD) it is an opportunity to raise awareness and fundraise.

In Guernsey there is no legislation or central body providing information on Equality and Inclusion, including Disability. We wanted to enable a discussion and provide the answers to many people's questions in relation to disability and access by developing Change Cards. Each card is aimed to answer a query or issue that someone has faced.

### Where do I go?

The We All Matter, Eh? website lists all of the Change Cards as a PDF, which contains hyperlinks to other information they can also be printed off (double sided) [www.matter.gg](http://www.matter.gg)

Please follow us on [Facebook](#) and [Twitter](#)

### How do we get involved?

You can get involved by completing and/or sponsoring one of the Change Cards

We actively encourage you, your staff, group to fundraise on Friday 1st December. Sign up for our fundraising pack with ideas and links to information on fundraising [www.matter.gg](http://www.matter.gg)

Thank you to our principal Sponsor



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